

The Pyramid Model is a public health, evidenced-based, tiered framework that promotes young children's social and emotional competencies and prevents challenging behaviors.



Virtual Parent-Child “Pajama” Series

Free for Parents (Grandparents & Caregivers) of Rush-Henrietta Preschoolers

**Led by: Ellen Leopold, NYS Pyramid Model Master Cadre Trainer & Coach
Social, Emotional and Behavioral Health Consultant, Children's Institute**

Zoom Link: 9328 452 7846

NEW DATES: 6:30-7:45 pm March 2, 9, 16, 23, 30 & April 6

***all meetings will be on Wednesdays**

To enroll, contact Kimberly Klubek (359-7914 or kklubek@rhnet.org)

First adults will connect to discuss:

Making a Connection!

- ✓ Intro to social and emotional development for young children

Making it Happen!

- ✓ The importance of play & developing friendship skills

Why Do Children Do What They Do?

- ✓ Tools to understand the “meaning” of young children's behaviors
- ✓ Communicating expectations, and developing household rules

Teach Me What to Do?

- ✓ Developing children's emotional vocabularies
- ✓ Supporting children in calming down and problem solving

Address Challenging Behaviors

- ✓ Strategies to promote positive child behaviors in the home and community

Then kids will join for relaxing & fun closing activity addressing:

- ❖ ***What do friends do?***
- ❖ ***Learning about feelings***
- ❖ ***Calming down***
- ❖ ***Sharing and taking turns***
- ❖ ***Understanding “okay” versus “not okay” behaviors***

Strengthening relationships and environments so that every child feels valued, confident and competent.